



MONMOUTH
UNIVERSITY

PSYCHOLOGY

CONTEMPORARY
RELATIONSHIPS
CONFERENCE 2026

+ **CHOSEN FAMILY FAIR & OPEN MIC TALENT SHOW!**

MAY 15-16, 2026

Monmouth University
West Long Branch, New Jersey

Visitor & Travel Guide



Visiting Monmouth University

Monmouth University is the region's premier private coastal university offering a comprehensive array of undergraduate, graduate, and doctoral degree programs in a dynamic and personalized learning environment.

Located in West Long Branch, New Jersey, Monmouth University's magnificent and historic campus is approximately one hour from New York City and is within walking distance of the beaches of the Atlantic Ocean.

The University is about 45 minutes from Newark Airport by car, and accessible from the LaGuardia and Kennedy airports in New York, as well as from the Philadelphia International Airport.

[Click here to view a PDF map of campus](#)

Centrally located, the area offers services, entertainment & educational experiences all within easy reach. Home to some of the shore's best beaches and seasonal sights, opportunities to explore nature and history are plentiful at the University and in Monmouth County. Stroll the boardwalk or catch a show at one of the many theaters and concert venues nearby!

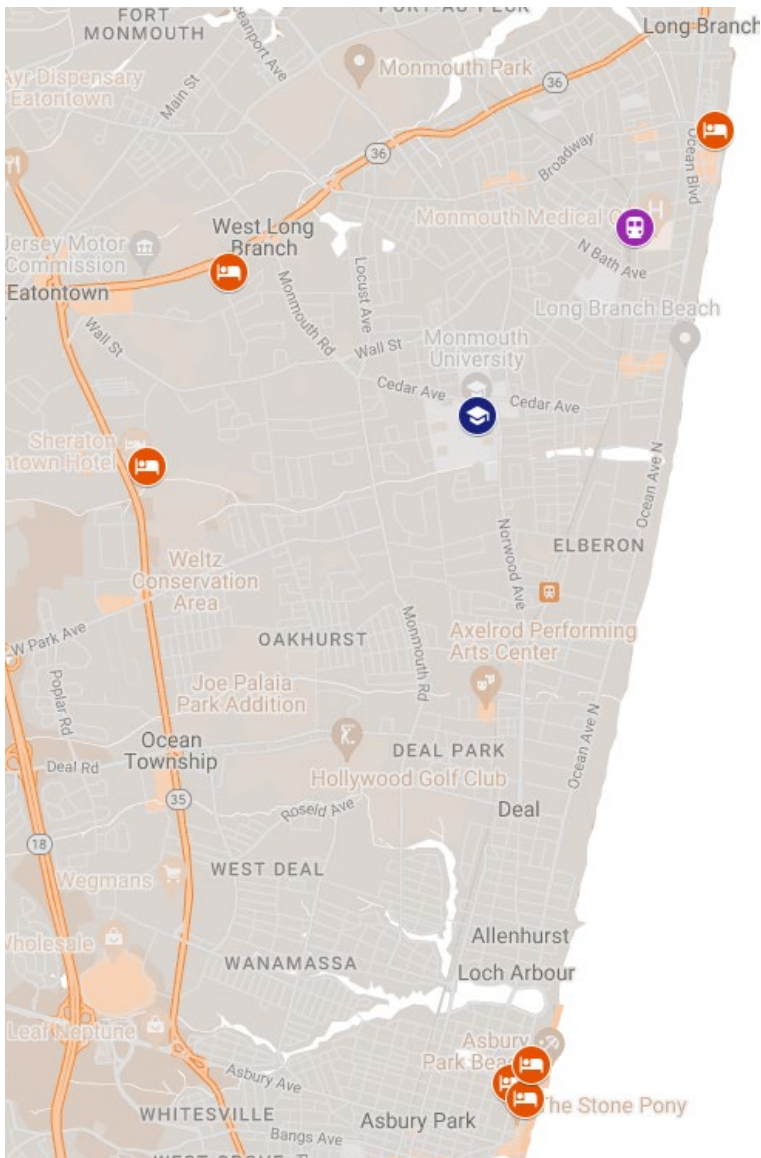
We look forward to welcoming you at CRC 2026!



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Local Area



Cedar Ave. ends at Ocean Avenue – turn left for Long Branch beaches and boards, or turn right to Asbury Park.

Monmouth University is conveniently located less than two miles from the Long Branch train station and Monmouth Medical Center.

Some of our preferred hotels are located along Routes 35 & 36, less than three miles from campus, or stay in Asbury Park, less than five miles down Ocean Avenue.



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Hotel Accommodations

[Holiday Inn Express & Suites West Long Branch-Eatontown](#)

294 NJ-36, West Long Branch, NJ 07764 • (732) 542-1234
1.7 miles from MU • \$184+/night + tax • heated indoor pool, fitness center, and free Express Start Breakfast Bar. [CLICK HERE](#) to book at the MU discounted rate thru April 14, 2026.

[Homewood Suites by Hilton Eatontown](#)

4 Industrial Way E, Eatontown, New Jersey, 07724 • (732) 380-9300
2.4 miles from MU • \$189-\$239/night + tax • all-suite hotel within five miles of beaches and shops, free hot breakfast, in-suite kitchens, fitness center, and complimentary evening reception on Wednesdays. [CLICK HERE](#) to book at the MU discounted rate thru April 14, 2026.

[The Asbury Hotel](#)

210 5th Ave, Asbury Park, NJ 07712 • (732) 774-7100
3.7 miles from MU • typically \$249-\$499/night + tax
Discounted rates are sometimes requestable, based on availability; mention *MONMOUTH UNIVERSITY* when booking by phone.



Location & Driving Directions

Our historic campus is located on the beautiful Jersey shore, at 400 Cedar Avenue in West Long Branch, just off NJ Rt. 36.

Parking is free and open to attendees, no permit required.

From Newark Airport: Follow signs for Airport Exit to US-1/US-9 South. From US-9 South, follow signs to the GSP South or NJ Turnpike/I-95 South and continue from the directions below.

From the Garden State Parkway (GSP): Take Exit 105 to Rt. 36 East. Continue approximately three miles to Rt. 71 South. In approximately one mile, Rt. 71 will fork left and become Cedar Avenue. Follow Cedar Avenue for approximately one-half mile, past the main entrance to the University, which is on your right. Turn right onto Larchwood Avenue, then make a left onto Scholars Way and proceed to the main lot.

From the NJ Turnpike/I-95: From the South, take Turnpike North to Exit 7A. After the toll plaza, take I-195 East to Shore Points. Approaching Belmar, I-195 becomes NJ Route 138. After crossing the Garden State Parkway, exit right to NJ Route 18 North, marked Eatontown. Take the Deal Road exit and drive east to the intersection at Monmouth Road. Turn left and proceed to the third traffic light, which is Cedar Avenue. Turn right onto Cedar (also labeled NJ Route 71 South).

From the NJ Turnpike /I-95 : From the North, take Turnpike South to Exit 11 (Garden State Parkway South). Take Exit 105 and follow directions from the GSP above.

From Trenton and Points West: Take I-195 East, and follow directions outlined above from NJ Turnpike, from the South.

From Coastal New England and Boston: Take I-195 South to I-287 West to the Governor Mario M. Cuomo Bridge. Follow I-287 to the Garden State Parkway South. Take Exit 105 and follow directions from the GSP above.

Once on Cedar Avenue, turn right onto Larchwood Avenue, then turn left onto Scholars Way and proceed to the main lot.



Public Transportation

NJ Transit – Long Branch Station is the nearest station to the university, located on 3rd Avenue between Morris & Pavilion Avenues. The station is on NJ Transit’s North Jersey Coast Line.

From New York Penn Station or Newark Airport Station: Take a North Jersey Coast Line train southbound with local stops to Long Branch Station.

From Philadelphia: From the Philadelphia 30th Street Station, board the Septa to Trenton Transit Center. From Trenton Transit Center, take the northbound NJ Transit Northeast Corridor line to Rahway. Change in Rahway to a southbound North Jersey Coast Line train with local stops to Long Branch Station.

From the Raritan Valley line: take the Raritan Valley line to Newark Penn Station and change to the southbound North Jersey Coast Line with local stops to Long Branch Station.

From All Other NJ Transit Lines: Take the line to Secaucus Junction. Change to the southbound North Jersey Coast Line with local stops to Long Branch Station.

From Manhattan by Ferry (weekdays only): The Midtown 39th Street and Brookfield Place/Battery Park City ferry routes service South Amboy, NJ, with a free connecting shuttle from the ferry station to the train station. From South Amboy train station, take a southbound North Jersey Coast Line train with local stops to Long Branch Station.

Driving from Long Branch Station: Head south on 3rd Ave. Make a right onto N. Bath Ave. Turn left onto Westwood Ave. Turn right onto Cedar Ave.

Bus Routes from Long Branch Station: The NJ Transit Bus No. 837 (LONG BRANCH - ASBURY PARK - SEAVIEW SQUARE MALL) travels to and from Long Branch Station and the university, stopping at Norwood & Kirby Avenue located near the university Norwood Avenue entrance.

Shore Cab Taxi of Long Branch (732-222-6688), Uber, and Lyft are all readily available in the area.

